FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* POLLEY DALE W					2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>CapStar Financial Holdings</u> , <u>Inc.</u> [ CSTR ]							<ol> <li>Relationsh (Check all ap X Dire</li> </ol>			to Issu 1% Owi			
(Last) (First) (Middle) 1201 DEMONBREUN STREET, SUITE 700				3. Date of Earliest Transaction (Month/Day/Year) 09/09/2019								Officer (give below)			her (sp low)	pecify		
(Street) NASHVILLE TN 37203			4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)												5011						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Ye				Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock <sup>(1)</sup> 09/09/20			19			P		6,489	A	\$15.4	1 31,4	89	]		SCH CO II CUS DAL POLI IRA	T Æ W		
Common Stock											8,3	67	D					
Common Stock <sup>(2)</sup>											1,9	1,908		)				
Common Stock <sup>(3)</sup>				1,178		78	D											
Common Stock <sup>(4)</sup>												28	287		)			
		Та	ble II							posed of, , convertib				1				
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise (Month/Day/Year) Execution Date, if any				action (Instr.	5. Numbe of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)  Amount or Number of		Derivative Security (Instr. 5)	Security Securit		10. Owners Form: Direct (I or Indire (I) (Instr	hip o B D) C ect (I	11. Nature of Indirect Beneficial Ownership Instr. 4)	

## **Explanation of Responses:**

- 1. Since the date of the reporting person's last report, 25,000 shares previously owned through the Equity Trust Co DBA Sterling Trust Cust FBO Dale Polley IRA account were rolled over into the CHARLES SCHWAB & CO INC CUST DALE W POLLEY IRA ROLLOVER account. Accordingly, the transfer of shares to the CHARLES SCHWAB & CO INC CUST DALE W POLLEY IRA ROLLOVER account effected only a change in the form of beneficial ownership without changing the reporting person's pecuniary interest in such shares and is therefore exempt from Section 16 of the Securities Exchange Act of 1934, as amended, pursuant to Rule 16a-13 promulgated thereunder.
- 2. The reported item represents an award of restricted stock which vests in three equal installments beginning on the first anniversary of the March 6, 2019 grant date.
- 3. The reported item represents an award of restricted stock which vests in three approximately equal installments beginning on the first anniversary of the March 6, 2018 grant date. As of the date of this report, 588 shares have vested. The remaining 1,178 shares of restricted stock under this award vest in equal installments on the second and third anniversaries of the March 6, 2018 grant date, or March 6, 2020 and March 6, 2021, respectively.
- 4. The reported item represents an award of restricted stock which vests in three equal installments beginning on the first anniversary of the February 28, 2017, grant date. As of the date of this report 576 shares have vested. The remaining 287 shares of restricted stock under this award vest on the third anniversary of the grant date, or February 28, 2020.

## Remarks:

/s/ Rob Anderson, as Attorneyin-Fact for Dale W. Polley

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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