FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	20549	
vasilligion,	D.C.	20349	

Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response	: 0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Bentz L. Earl		Susuer Name and Ticker or Trading Symbol CapStar Financial Holdings, Inc. [ CSTR ]  3. Date of Earliest Transaction (Month/Day/Year) 01/27/2022										all app			10% C	wner
(Last) (First) (Middle) 1201 DEMONBREUN ST												Office	r (give title )	)	Other below)	(specify
SUITE 700		4. If A	Amend	ment,	Date o	of Origin	al File	d (Month/Day	y/Year)		i. Indivi ine)	idual or	Joint/Grou	up Filin	g (Check A	Applicable
(Street) NASHVILLE TN 37203											X		filed by Or filed by Mo n		•	
(City) (State) (Zip)																
Table I - No	1						, Dis									
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Securities Beneficially Owned Follo		es ally Following	Form:	Direct I Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D)	Price	т	Reported Transact Instr. 3	ion(s)			Instr. 4)
Common Stock <sup>(1)</sup>	01/27/2	022				A		1,235	A	\$0.0	00	1,2	235	]	D	
Common Stock <sup>(2)</sup>											1,800 1,576		]	D		
Common Stock <sup>(3)</sup>													]	D		
Common Stock												27,	266	]	D	
Common Stock <sup>(4)</sup>											591		91	]	D	
Common Stock												210	,900		I 1	Bentz Properties LLC
Table II								osed of, c				wned	t			
Derivative Conversion Date Execusive Or Exercise (Month/Day/Year) if any	eemed Ition Date, h/Day/Year)	4. Transa Code ( 8)		of Deriv Secu Acqu (A) o Dispe	r osed ) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		8. Price Derivati Security (Instr. 5		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	s S Illy	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)
		Code	v	(A)	(D)	Date Exercis	sable	Expiration Date		Amount or Number of Shares						

- 1. The reported item represents an award of restricted stock which vests in three approximately equal installments beginning on the first anniversary of the January 27, 2022 grant date.
- 2. The reported item represents an award of restricted stock which vests in three approximately equal installments beginning on the first anniversary of the March 31, 2021 grant date.
- 3. The reported item represents an award of restricted stock which vests in three approximately equal installments beginning on the first anniversary of the March 4, 2020 grant date. As of the date of this report, 788 shares have vested. The remaining 1,576 shares of restricted stock under this award vest in equal installments on the second and third anniversaries of the grant date, or March 4, 2022 and March 4, 2023, respectively.
- 4. The reported item represents an award of restricted stock which vests in three approximately equal installments beginning on the first anniversary of the March 6, 2019 grant date. As of the date of this report, 1,182 shares have vested. The remaining 591 shares of restricted stock under this award vest on the third anniversary of the grant date, or March 6, 2022.

## Remarks:

/s/ Denis J. Duncan, as Attorney-in-Fact for Earl L.

01/31/2022

**Bentz** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints each of Denis J. Duncan, Timothy K. Schools, Jeff Moody and Brent Binns, or either of them signing singly, and with full power of substitution, the undersigned's true and lawful attorney-in-fact to:

- (1) to the extent necessary, prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC
- (2) execute for and on behalf of the undersigned, in the undersigned's capacity as beneficial owner of securities of CapStar Financial Holdings, Inc. (the "Company"), Form 144, 3, 4, 5 and any Schedules 13D or 13G in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder
- (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 144, 3, 4, 5 and any Schedules 13D or 13G, complete and execute any amendment or amendments thereto, and timely file any such form with the SEC and any stock exchange or similar authority, including completing and executing a Uniform Application for Access Codes to File on Edgar on Form ID and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Form 144, 3, 4, 5 and any Schedules 13D or 13G with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of August, 2021.

/s/ L. Earl Bentz Name: L. Earl Bentz Title: Director