| SEC Form 4 |  |
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| Check this box if no longer subject<br>to Section 16. Form 4 or Form 5<br>obligations may continue. See | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP                           |
|---|--|
| Instruction 1(b).   | Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 |
|   | or Section 20(b) of the Investment Company Act of 1040                 |

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|  |                      |          | or Section 30(h) of the Investment Company Act of 1940  |   |                                 |                          |  |  |
|--|----------------------|----------|---|---|---------------------------------|--------------------------|--|--|
| 1. Name and Address of Reporting Person* |                      |          | 2. Issuer Name <b>and</b> Ticker or Trading Symbol<br>CapStar Financial Holdings, Inc. [ CSTR ] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |                                 |                          |  |  |
| <u>Turner James S. Jr.</u>               |                      |          |   | X   | Director                        | 10% Owner                |  |  |
| (Last)<br>1201 DEMON                     | (First)<br>IBREUN ST | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year)<br>01/04/2021                                  |   | Officer (give title below)      | Other (specify<br>below) |  |  |
| SUITE 700                                |                      |          | 4. If Amendment, Date of Original Filed (Month/Day/Year)  | 6. Indiv<br>Line)   | vidual or Joint/Group Fil       | ing (Check Applicable    |  |  |
| (Street)                                 |                      |          |   | X   | ,                               |                          |  |  |
| NASHVILLE                                | TN                   | 37203    |   |   | Form filed by More th<br>Person | nan One Reporting        |  |  |
| (Citv)                                   | (State)              | (Zip)    |   |   |                                 |                          |  |  |

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   |        | s Acquire<br>f (D) (Ins | ed (A) or<br>tr. 3, 4 and     | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following<br>Reported | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership  |
|---------------------------------|--|---|---|---|--------|-------------------------|-------------------------------|---|--|--|
|                                 |  |   | Code                                    | v | Amount | (A) or<br>(D)           | Price                         | Transaction(s)<br>(Instr. 3 and 4)  | (1150.4)   | (Instr. 4)   |
| Common Stock <sup>(1)</sup>     | 01/04/2020                                 |   | S                                       |   | 2,500  | D                       | <b>\$14.21</b> <sup>(2)</sup> | 260,548   | D  |  |
| Common Stock <sup>(3)</sup>     |  |   |   |   |        |                         |                               | 2,345   | D  |  |
| Common Stock <sup>(4)</sup>     |  |   |   |   |        |                         |                               | 1,262   | D  |  |
| Common Stock <sup>(5)</sup>     |  |   |   |   |        |                         |                               | 337   | D  |  |
| Common Stock                    |  |   |   |   |        |                         |                               | 127,007   | Ι  | James S.<br>Turner <sup>(6)</sup>  |
| Common Stock                    |  |   |   |   |        |                         |                               | 127,007   | I  | Judith P.<br>Turner <sup>(6)</sup>   |
| Common Stock                    |  |   |   |   |        |                         |                               | 75,643  | I  | Family<br>Private<br>Trust LLC<br>TTEE The<br>Katherine<br>Rose<br>Turner<br>1997<br>Grandchild<br>Trust <sup>(6)</sup>    |
| Common Stock                    |  |   |   |   |        |                         |                               | 75,643  | Ι  | Family<br>Private<br>Trust LLC<br>TTEE The<br>James<br>Stephen<br>Turner III<br>2000<br>Grandchild<br>Trust <sup>(6)</sup> |

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | of Expir |     | 6. Date Exerc<br>Expiration Da<br>(Month/Day/N | 7. Titl<br>Amou<br>Secur<br>Unde<br>Deriv<br>Secur<br>3 and | unt of<br>rities<br>rlying<br>ative<br>rity (Instr. | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|---|---|--|---|------------------------------|---|----------|-----|--|---|---|---|--|--|--|--|
|   |   |  |   | Code                         | v | (A)      | (D) | Date<br>Exercisable                            | Expiration<br>Date  | Title   | Amount<br>or<br>Number<br>of<br>Shares              |  |  |  |  |

Explanation of Responses:

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on September 1, 2020

2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$14.10 to \$14.60. The reporting person undertakes to provide to

CapStar Financial Holdings Inc., any security holder of CapStar Financial Holdings Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.

3. The reported item represents an award of restricted stock, which vest in thee approximately equal installments beginning on the first anniversary of the March 4, 2020 grant date.

4. The reported item represents and award of restricted stock which vests in three equal installments beginning on the first anniversary of the March 6, 2019 grant date. As of the date of this report, 631 shares have vested. The remaining 1,262 shares of restricted stock under this award vest in equal installments on the second and third anniversary of the grant date, or March 6, 2021, and March 6, 2022, respectively.

5. The reported item represents an award of restricted stock which vests in three approximately equal installments beginning on the first anniversary of the March 6, 2018 grant date. As of the date of this report, 673 shares of restricted stock have vested. The remaining 337 shares of restricted stock under this award vest on the third anniversary of the grant date, or March 6, 2021.

6. The reporting person disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.

Remarks:

/s/ Denis Duncan, as Attorneyin-Fact for James S. Turner, Jr. 01/05/2021

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY Know all by these presents, that the undersigned hereby constitutes and appoints each of Timothy K. Schools, Steve Groom, Denis Duncan, Jeff Moody, Mike Fowler, Wes Scott, Brent Moreland, Steffen Arters, and Donovan Sowder or either of them signing singly, and with full power of substitution, the undersigned's true and lawful attorney-in-fact to: (1) to the extent necessary, prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC? (2) execute for and on behalf of the undersigned, in the undersigned's capacity as beneficial owner of securities of CapStar Financial Holdings, Inc. (the "Company"), Form 144, 3, 4, 5 and any Schedules 13D or 13G in accordance with Section 16(a) of the Securities Exchange Act of 1934, as amended, and the rules thereunder? (3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 144, 3, 4, 5 and any Schedules 13D or 13G, complete and execute any amendment or amendments

similar authority, including completing and executing a Uniform Application for Access Codes to File on Edgar on Form ID? and (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such

thereto, and timely file any such form with the SEC and any stock exchange or

attorney-in-fact's discretion. The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Form 144, 3, 4, 5 and any Schedules

13D or 13G with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact. IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be

executed as of this \_28 day of \_December\_, 2020. /s/ James S. Turner Name: James S. Turner Title: Director